

**SAVE \$265!**

# **Lunchtime Memberships**



**Get the most out of your work day ~  
Spend your lunch break with us!**



**Just**

**\$365!**

For 12 Months

Membership entitles you to use the gym, pool and aerobics classes, not to mention one of our trainers can assess your fitness and design a program for you to follow in the gym.

Use your time wisely and sign up for our off-peak membership ~ with flexible hours from 11.30am – 3.30pm, Monday to Friday, which also includes our midday Aqua Aerobics and Cardio Boxing classes.

Direct Debit option also available at \$30.40 per month.

**\$**

**1**

**A**

**D**

**A**

**Y**

**!**

**Did you know?**

Research shows that the benefits of having healthy and active employees are:

- Reduced Absenteeism
- Decrease in Health Costs
- Increase in Productivity & Morale
- Decrease in Stress Levels

**WHY WAIT? JOIN TODAY!**

# **JOIN NOW!**

## **RSL Aquatic & Health Club**

Corner of Brisbane & Wingewarra Streets ~ Phone 6884 1777